# NEWBORN BLOODSPOT SCREENING

# What is Newborn Bloodspot Screening?

- Every baby born in Connecticut has a Newborn Bloodspot Screen.
- It screens for around 70 rare conditions.
- It can screen for all of these conditions just by taking drops of blood from your baby's heel.
- It is done around 1 day after your baby is born.

### Why is NBS Important?

#### IT SAVES LIVES.

- Babies with these conditions can look healthy at birth.
- Most babies with one of these disorders do not have a family history of the disorder.
- When diagnosed early, treatments can start before symptoms show.

Each year, thousands of babies with serious but treatable conditions grow up healthy, thanks to newborn screening.

## What conditions does Connecticut screen for?

Visit the CT Department of Public Health Newborn Screening web page at:

https://portal.ct.gov/DPH/Laboratory/Newborn-Screening for a full list of the disorders. You can also learn more about newborn screening by visiting Baby's First Test (www.babysfirsttest.org).

### How do we get results?

Your baby's doctor (pediatrician) will give you the results. If you don't hear anything, ask the doctor about the results at your child's 2 week well-visit.

Most babies have normal results.

# What if we are told the results are out of range?

- Further tests will need to be done.
- The Newborn Bloodspot Screen is a screening test. It can not diagnose a condition.
- Your child's healthcare team will discuss with you what follow up tests will be needed.

### What if I still have questions?

The Connecticut Newborn Diagnosis and Treatment Network (the Network) is available to answer questions and put you in touch with the best resource.

Monday-Friday, 8:30-4:30

Phone: 860-837-7870 (ask for newborn screening)

Email: CNDTN@connecticutchildrens.org

CT Newborn Diagnosis and Treatment Network 860.837.7870 ph 860.837.7871 fax



